

News from the Road



Sunday In June Is Almost Here!

Have you registered for *Sunday in June (SIJ)*? Always held on the second Sunday in June, this year's event will be held on June 12, 2011.

Although most club members know about SIJ, for new members who may not be familiar with the ride, *SIJ* is CTC's annual bike ride through scenic Amish country. Route distance options are 100, 63, 50 and 25 miles, with all routes beginning and ending at Century Village in Burton, Ohio. Rest stops and SAG sup-

port are included, as is lunch (served between 11 a.m. – 3 p.m.).

Even though online registration is closed, you can still register on site on June 12. Registration

fee is \$27 (\$17 for riders age 12 or younger) and CTC members receive a \$5 discount on all registrations.

Day-of-ride packet pickup and on-site registration hours at Century Village are 7:30 -8:15 a.m. for 63 and 100 mile riders and 8:15 to 9:30 a.m. for 25 and 50 mile riders. The course opens at 7:45 for 63 and 100 mile riders, and at 8:15 for 25 and 50 mile riders.

For more information contact Matthew Sobel at (216) 570-7427.



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Touring Holland on a Bike and Barge

By Sarah VanGilder

This spring a group of CTC riders and friends toured North Holland by bike and barge. **Gloria Costello** came up with the idea and was the main event planner. After researching the options, the choice was made to take the Bike and Barge North Holland Tulip Tour, a guided tour headed by Roger and Suzie Knable's organization, Bike and the Like.

Holland is a great place



to ride if you don't like hills! The terrain is flat, and the scenery is beautiful—seeing the tulips in bloom was fantastic, the small towns with their well-tended homes, the windmills and all of the water, from the canals to the

North Sea, makes for a picturesque ride. In addition, motorists are keenly aware of bicyclists, as nearly everyone rides bikes regularly.

The CTC members who took this trip were Gabe Arsic, Gloria Costello, Harriet Pedone, Jane Stevens and Sarah VanGilder. Gloria and Jane's daughters, Candice and Karla were also on board for the trip!

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Letter from the Editor

I'm pleased to announce that *News from the Road* has returned—permanently, I hope. As in the past, the newsletter contains information gleaned from biking sources, but most importantly, from club members. I want to feature the rides you've done, information that you want to share, information about and profiles of club leaders (leadership council members and ride leaders) and anything else that interests you!

This month's issue is short and the front page highlights Sunday in June, CTC's annual event. Other articles include a mechanical tip from Bill Gibson of Blue Sky Bicycles, the CTC weekday ride schedule (see next month for weekend information, or visit the CTC website at www.clevelandtouringclub.org for detailed information), upcoming rides and a feature story about a bike ride through North Holland.

Please consider sending information/photos for the newsletter. My email address is hawkeyefan4411@sbcglobal.net. Thanks in advance and hope you enjoy this month's edition!

Sarah

Sarah VanGilder
Editor

CTC Weekday Ride Schedule

Tuesday Rides

Chagrin Falls 6:30 PM

This year the Tavern Ride will rotate between four different routes around Geauga County. Most weeks will have moderate to rolling hills. Maps should be posted to the web site each week. Afterwards people meet at Rick's Cafe for beers and burgers. Please note that lights are required when the sun sets before 7:45 PM. For more information contact Nathan Rogers.

Panini's Concord 6:30 PM

Routes vary from week to week; maps will be available online. Please print a map before you come to the ride. Please visit the Panini's Ride Info page on the CTC website for more information or contact Bill Maurey at 440-975-9744. Please note that lights will be required when the sun sets before 7:30 PM.

Wednesday Rides

North Chagrin 6:30 PM A, B and C Rides

Travel through eastern Cuyahoga county on urban low traffic roads. Multiple paces are available from an "A" group, a "B" group organized by Ray Kirchner, and a "C" group led by Ken Brichacek (best reached by phone at 440-255-0369). Be prepared for a few challenging hills on this otherwise rolling course.

North Chagrin 7:00 PM Social Ride

This socially paced no drop is perfect for those looking to see what riding with the Cleveland Touring Club is all about. Once a month a post-ride picnic allows members to get to know one another. For more information contact Frank Zoretich at (440)347-9541.

Thursday Rides

North Chagrin 6:30 PM

Routes vary from week to week and will be available prior to the start of each ride. Multiple paces are encouraged from "A" to "C" and everything in between. Highlights of the riding season include the annual Ice Cream Ride and trip to the Kirtland Strawberry Festival. For more information contact Mike Schmidt at mschmidt@lokring.com or call 440-943-5875.

Madison 6:30 p.m.

A social ride with provided maps, this group is for those looking for a pace of either 17 to 20 MPH ("B") or 13 to 16 MPH ("C"). The course will rotate from week to week and include one flat, two rolling, and one hilly route. All will cover approximately 25 miles. *Riders are required to sign a CTC waiver.* For more information contact Matt Eberly at eberly@yahoo.com.

Mechanical Tip from Blue Sky Bicycles by Bill Gibson

We've had a lot of rainy weather during the spring, which prompts my tip for this month. Following a Wednesday night ride, I took out my seat post, turned my bike upside down, and out poured a couple ounces of water on my shoe. If left in there, that water would do no good to my bottom bracket bearings or the frame for that matter! So here are a couple things I recommend:

- Mark your seat post with a



sharpie, then take out your seat post.

- Bring your bike someplace where you can drain it without worry-

ing about making a mess.

- Remembering to get your feet out of the way, hang your bike upside down overnight to dry.

While you're at it, wipe off the chain, lube it, and let it wait until morning to wipe off the excess. Repeat as needed.

Well, that's all for now gang, ride often and ride safe!

Upcoming Rides

CTC - Franklin, PA Weekend of June 24th 2011

By Ray Kirchner

Last year CTC members enjoyed bicycling in Franklin, Pennsylvania so much so that we're returning the weekend of June 24th.

There are great camp sites, restaurants and hotels, and the trail along the Allegheny offers



breathtaking views (as well as two long tunnels that require lights!).

There are several different ride options.



On Saturday, go down the Allegheny River along the paved path to

Foxburg, PA, where we will stop for lunch.

The following webpage offers information about the trail:

<http://www.avta-trails.org/allegheny-samuel-trails.html>.

Camp out at the Two Mile Run Campground on the outskirts of Franklin (see photo, below)



or stay at the Quality Inn and Conference Center, 1411 Liberty Street, Franklin, PA 16323 .

3rd Ohio Double Century – Saturday, June 25th

Where are you in your training? Are you ready to do a double century? On June 25, 2011 challenge yourself to ride as many miles as you can (up to 200) in 16 hours! The Ohio Double Century is sponsored by Columbus Outdoor Pursuits (COP) and takes place in Madison, Champaign and Clark counties.

You'll start at Shiloh Mennonite Church, which is located in Resaca (approximately 12 miles southwest of Plain City). Registration is from 5:00 AM to 5:50 a.m. with a mass start at 6:00 a.m. The ride ends at 10:00 p.m. The route is marked and GPS files will be available.

Food and drink will be provided at the start and at the Urbana food stop. SAG is available, but you will need your cell phone to contact them. Cost is \$35 for COP members, \$45 for non-members and \$55 for day of ride registrations. To register online or download an application, visit www.outdoor-pursuits.org. Online registration ends June 22. For more information, contact Frank Seebode at frankseebode@frontier.com or call (614) 205-0311.

Night Rides on the Towpath – Pajama Party Rescheduled for Saturday, June 25, 2011

The Night Rides on the Towpath are free, fun and for riders of all levels! Riders meet at the Century Cycles Peninsula store and move on to the Towpath for the ride.

On June 25, wear your pajamas and join the festivities beginning at 7 p.m. in the Century Cycles parking lot. The ride begins at 8 p.m., with special slumber party snacks at the 12 mile halfway point. Helmets and lights are required. Then, after the ride, gather in the Peninsula Winking Lizard party room for ghost stories and horror movies!

Although the ride is free and you don't have to register in advance, this ride will benefit Project Night Night. Donations of a new children's book, stuffed animal or small flannel blankets are greatly appreciated. They will be used to create nighttime comfort packages for homeless children. For more information, contact Century Cycles; 1621 Main Street; Peninsula, OH. (330) 657-2209.

www.CenturyCycles.com/goto/nightrides

Rail 'N Trail and Road Route Ramble – Sunday, July 3, 2011

Sponsored by the Lake Erie Wheelers, this ride offers something for everyone. The Train/Towpath Route begins by boarding the Cuyahoga Valley Express at Rockside Road State at 8:30 a.m. (bikes will be loaded onto one of the three baggage cars). The train leaves at 9 a.m. and arrives at North Station in Akron at 10:30 a.m. You'll ride 27 flat miles back to the Rockside Road Station, enjoying a BBQ cookout lunch and live entertainment along the route.

The other option is to choose a Road Route. You'll start at Cuyahoga Valley Railroad Rockside Station and can choose from routes of 50, 62 or 100 miles in length. Maps are provided at check in for your chosen route.

There's a rider limit of 450 people, with an entry deadline of June 24, 2011. For more information, contact Lake Erie Wheelers: Dan Izuka; PO Box 26146; Fairview Park, OH 44126. (440) 734-5777. www.rail-n-trail.org

Cleveland Touring Club

Cleveland Touring Club
5534 Saint Thomas Ln
Madison, OH 44057



Cleveland Touring Club is a group of recreational cyclists who ride mostly in Lake, Geauga, and Cuyahoga counties in the Cleveland, Ohio area.

Our emphasis is on group fun and physical fitness, and our riders include a wide range of ages and riding abilities from the faster riders (all ages), to people in their 20's through 80's.

If you have information to include in upcoming newsletters, please email Sarah VanGilder at hawkeyefan4411@sbcglobal.net.

Holland Bike and Barge Continued from Page 1

The trip began in Amsterdam, and was supposed to head out on Saturday afternoon, April 30, but due to the Queen's Day festivities and the crowds celebrating the queen's birth-



Above: The crowds in Amsterdam celebrating Queen's Day.

day—the first day of riding took place the following day. This worked out well because we were able to take our time fitting the bikes and had the opportunity to meet our fellow travelers and start to get to know them.

The winds also caused us to make some changes to our schedule. The original route was reversed



due to strong headwinds. We felt those winds on the first day as we rode through the flat farmlands of tulips. There had been some concern that we may have missed the tulips due to the unusually warm weather in Holland this spring, but fortunately they were still in bloom during our trip!

The second day gave us a real taste of what the winds could be like. Riding through the dunes by the North Sea, the headwinds blew strong, slowing us down and blowing sand in our faces. That day felt like an eternity!



After that day, the rest of the tour was a piece of cake! We visited the island of Texel, rode through and stopped in villages, saw windmills and learned about how they work, rode on dikes along the polders, and stopped at cheese farms and shops.

It was a wonderful tour at a leisurely pace—we travelled about 200 miles over six days of riding, and we stopped to see the sights along the way.

